1:Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

include, fish, goat, chicken, hare, mutton, buck, and even pork. Apparently carrion is never eaten. The flesh of the deer may be eaten but not that of the tiger. The villager is an adept at preparing vegetables for his curries, and throughout the year depends largely upon the following according to the seasons: *sags* of various kinds; egg plants; pumpkins and gourds; okra; potatoes, both ordinary and sweet; onions; roots of various plants; and corn on the cob roasted until it is brown.

The community feast, or feasts, given to a relatively large group on special occasions, are things which help to break the monotony of diet. Community feasts are usually paid for out of the proceeds of fines levied by the *panch*. An individual also may give a feast as a thank-offering, or at child-birth, at the time of a wedding, or at death. One of the favourite foods is said to be a preparation described below known as *bara*, and is served at every feast. If some social event should make a feast obligatory, and if the person concerned should fail to provide the expected meal, the *panch* brings pressure upon him to do so. If he still fails, the person is boycotted for a period. The usual menu at such a feast includes rice and *chapatis*, pulse, vegetable curry, *chatni*, *bara* and if they can be afforded, meats of various kinds. Kols drink milk when it is available and apparently do not feel that all milk should be kept for the calf, as some Munda tribes believe. Milk is also used in the preparation of certain special foods, such as *khir*, which is used for the child's first feeding. See below.

Foods are usually divided into two classes: *pakka* and *kachha*. The former kind is cooked in *ghi* or *ghi* is used in its preparation, and the latter is simply cooked with water. *Ghi*, like other products from the sacred cow, protects from impurity. While caste Hindus have numerous restrictions in connection with this classification, the Kols do not seem to be particular in this regard. They will take food cooked by "clean" Hindu castes, but never from those castes which they consider below them, such as Chainars, Mahars, Dhobis, Basors, and Doms. Nowhere Kols seemed to be starved nor emaciated. Apparently, they have enough to keep them in fairly good health, though not in abundance. We did not find stout people among them.

The main food-stuffs are listed below. In an average Kol house all of these are probably not found at any one time, but they are those used when available:

Grains: Wheat, rice, millet (in northern areas).

Pulses: Black pulse (*Phaseolus radiatus*). Red and yellow types (*Cajanus indicus* and *Dolichos lablab*).

Oils: Mustard oil usually from *Guisotia abyssinica*. Sweet oil or.

l:Griffiths M-5 (ca. 1940) 1946 AW37 Kol AW37

among the most illiterate of the land. Up till now Christian Missions have started no work among them and there has been no attempt from any quarter to give them adequate facilities and opportunities whereby they may make some cultural advancement. There is great need for the improvement of their social and economic environment.

It would be wrong, however, to assume that the Kols are indifferent or that their aspirations are dormant. There are stirrings among them, which, unfortunately, have been taken advantage of by unscrupulous people. They are seeking for religious recognition, and we have traced two attempts, one near Jubbulpore, and the other near Katni, to erect Kol "temples". In both cases wide appeals were circulated and fairly large sums of money collected. In the first case not a single stone was laid and some thousands of rupees were swindled. Near Katni they had got as far as the foundation and plinth when the funds gave out.[1] We were accompanied by five Kols to this project about which they were very enthusiastic. Our interest in it stimulated them greatly. They complained that nobody cared for Kols and that Hindus thought of them as coolies who had no self-respect; so they wanted to show the world that they are really worthy of recognition. They were very self-conscious about this matter. It was said that if they can only reveal their real spirit and show that they are truly interested in religious things, then Hindus must respect them and no longer despise them. They showed a pathetic eagerness for this recognition and were pleased with our visit. They made the claim that so far, not one person outside their own community, had shown the least concern for their welfare, and that in spite of their conscientious and earnest work, no one recognized nor knew them.

As a tribe the Kols are self-respecting and industrious. They are cheerful in disposition and greatly enjoy social fellowship. We found them open-hearted and ready to answer questions when once their confidence had been gained. Like most primitive tribes they are honest and trustworthy. That they have deep emotional feelings can be seen from their music and songs. They enjoy nothing better than a long evening of song and drum. We found but little evidence of their disobedience to the rules of the tribal codes of morality.

Taken all in all the Kols are a lovable people and as one comes into intimate contact with them he feels that much ought to be done to alleviate many of the difficulties and handicaps under which they bravely carry on.

In their case it is difficult to make recommendations for the future. For years Kols have been gradually losing their identity as an

1 See plate XXVIII.